

We CHAMPION as One

HONORING the Past BUILDING the Future

Student Athlete Code of Conduct

Revised: 2020

Table of Contents

Governances	3
Requirements for Participation	3
Athletic Department Goals and Objectives	.3
Conduct for Student Athletes	4
Substance Abuse	.4
Basic Athletic Department Policies.	.5
- Dropping or transferring sports	
- Equipment and uniforms	
- Missing practice or competition	
- Travel	
- Conflicts in extracurricular activities	
- School Attendance	
- School Suspension	
- Vacation policy	
- Cutting policy	
- Reporting injuries	
- Locker room regulations	
- Weight room regulations	
Athletic Chain of Command	8
NCAA Clearinghouse	9
Varsity Letters and Athletic	9
Supplemental Rules and Regulations.	.9
Summer and Off-Season Programs.	.9
Inclement Weather	9
Fan Code of Conduct	9
Guide to NCAA Eligibility Requirements	9

I. Governances

A. The Roseville Community Schools Board of Education

The Roseville Community Schools Board of Education makes all policies which must be followed if a student wants to participate in athletics. In addition, the Michigan High School Athletic Association (MHSAA) has rules and regulations that RCS must follow to participate in sports in the state of Michigan.

II. Requirements for Participation

A. Physical Examination

A yearly physical examination is required. A physical card must be completed by a physician and submitted to the coach or athletic office prior to participation. The physical covers all sports for the entire school year provided the examination occurred after April 15.

B. Emergency Medical Authorization

Each athlete's parent/guardian shall complete an emergency medical authorization card giving permission for treatment by a physician or hospital when the parent/guardian is not available.

C. Parental Acknowledgment of Athletic Policies

Upon entering high school or at the time a student tries out for an athletic team, he/she will be presented with the Roseville High School Student Athlete Handbook. It is the responsibility of the parent/guardian and student athlete to be familiar with all interscholastic athletics rules, regulations and policies for the Roseville Community School District.

D. Insurance

All student athletes and parents/guardians are responsible for his/her own insurance program. The Roseville Community School District is not responsible for individual student athlete insurance or medical treatment including the use of an ambulance.

E. Scholastic Eligibility

In order to participate on a Roseville High School athletic team, each athlete must have satisfied all of the scholastic eligibility requirements prior to participation. RCS uses the MHSAA minimum requirement of passing 4 of 6 classes during the prior report card.

III. Roseville Athletic Department Goals and Objectives

A. Roseville Athletic Department Goals and Objectives

The Roseville Community School District believes that a program of athletics should be founded on 4 pillars. These pillars are commitments that all programs must meet.



IV. Conduct for Student Athletes

All athletes shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in interscholastic programs affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to:

- theft
- vandalism
- disrespect
- violation of the law

V. Substance Abuse

Students who are involved in athletics are in a leadership role representing their family, their school and their community. Athletes have a responsibility to exemplify high ideals, good sportsmanship, and leadership in their competitive setting, their classroom, and in the community. Students using or possessing tobacco, alcohol, or illegal drugs will be subject to the following discipline.

All substance abuse offenses are cumulative throughout a student athlete's high school career. This policy will be subject to enforcement and/or disciplinary action by the Roseville Athletic Department twelve (12) months of the year. Consequences for substance abuse by a student athlete may require completion of a substance abuse program or counseling.

A. Possession or use of Tobacco

First Offense: Suspension for 1/9 of the regularly scheduled games.

Second Offense: Suspension for the remainder of the regularly scheduled games.

Third Offense: Suspension from all athletic participation for one year from the date of

the incident.

B. Possession or use of Alcohol

First Offense: Suspension for 1/3 of the regularly schedule games.

Second Offense: Suspension from all athletic participation for one year from the

date of the incident.

Third Offense: Student is removed from all athletic participation for the remainder

of their high school career.

C. Possession or use of Illegal Drugs or Controlled Substances

First Offense: Suspension for 1/3 of the regularly schedule games.

Second Offense: Suspension from all athletic participation for one year from the

date of the incident.

Third Offense: Student is removed from all athletic participation for the remainder

of their high school career.

D. Performance Enhancement Substances

Any student who is found to be using, distributing or in possession of a performance enhancing substance can be denied eligibility to participate in interscholastic athletics. Any student receiving a suspension for violation of this policy has the right to an appeal. A student shall not be denied eligibility if the substance is prescribed by a licensed healthcare provider to treat a medical condition.

VI. Basic Athletic Department Policies

A. Dropping or Transferring Sports

Quitting is an intolerable habit to acquire. A quitter may lose the privilege of participating on other teams or sports. On occasion however, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:

- 1. Consult with the head coach
- 2. Report the situation to the Athletic Director
- 3. Check in all equipment and uniforms that were issued.

B. Equipment and Uniforms

School equipment and uniforms checked out by the student athlete are his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment or uniforms is the athlete's financial obligation.

C. Missing Practice or Competition

An athlete should always consult his/her coach before missing practice. Missing practice or competition days without good reason will be dealt with severely.

D. Travel

All athletes must travel to and from out-of-town athletic contest in transportation provided by the Roseville Athletic Department unless previous arrangements have been made by the parents for exceptional situations.

Any athlete on a team traveling to an athletic contest shall return with the team via the Roseville Community School District transportation system. The only exception is when prior arrangements are made with a written note from the parent/guardian which has been approved by the Athletic Director.

Athletes will remain with their team, under the coach's supervision when attending away contests. Athletes who miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances. All regular school bus rules must be followed.

E. Conflicts in Extracurricular Activities

An individual student who attempts to participate in several extracurricular activities will, undoubtedly, be in a position of a conflict of obligations. The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities and will attempt to schedule events in a manner to minimize conflicts.

Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty sponsor or coach involved immediately when a conflict does arise.

When a conflict arises the sponsor or coach will attempt to work out a solution. If a solution cannot be found, the Athletic Director will make the decision based on the following:

- 1. The relative importance of each event.
- 2. The importance of each event to the student.
- 3. The relative contribution the student can make.
- 4. How long each event has been scheduled.
- 5. Discussion with the parent/guardian.

F. School Attendance

Students who miss part of the school day due to illness must be in attendance for three (3) consecutive periods in order to play a contest or practice that day. Students missing school for a reason other than illness, must have an excused absence in order to participate. Final authority for infractions of this rule will rest with the Athletic Director.

Students absent from school on Friday will be eligible to participate should a contest fall on the following day (Saturday) provided the absence is an excused absence in the eyes of the Roseville attendance policy.

G. School Suspension/Discipline Referral

Student athletes who are suspended from school may not attend or participate in practices or contests during the time of suspension. Suspension ends at midnight of the last day of suspension. After an athlete returns to practice, the coach determines when the athlete is ready to participate in a game.

Any student athlete referred to the office for a school rule violation may be denied the privilege of participation in athletic contests for a period determined by the principal, athletic director and coach.

H. Vacation Policy

Vacations by athletic team members during a sport season are discouraged. Parents/athletes wishing to do so may want to reevaluate their commitment to being a student athlete. In the event an absence due to a vacation is unavoidable, an athlete must:

- 1. Be accompanied by his/her parents while on vacation.
- 2. Contact the head coach prior to the vacation.
- 3. Be willing to assume the consequences related to their status on the squad as a starter, second string, third string, etc.

I. Cutting Policy

Choosing the members of athletic squads is the sole responsibility of the coaches of those squads. Prior to trying out the coach shall provide them the following information to all the candidates for the team:

- 1. Extent of tryout period.
- 2. Criteria used to select the team.
- 3. Number of team members to be selected.
- 4. Practice and game commitments if they were to make the team.

When a squad cut becomes necessary, the process will include:

- 1. A minimum of three (3) practice sessions.
- 2. Personally informed of the cut by the coach including the reason for the action.

J. Reporting Injuries

All injuries which occur while participating in athletics should be reported to the coach. If the injury requires medical attention by a doctor or treatment center, it will be necessary to have an injury report form completed. Once an athlete is treated by a trainer or doctor, the athlete must obtain the doctor's or trainer's permission to return to the activity.

K. Locker Room Regulations

- 1. Roughhousing and throwing towels and other objects is not allowed in the locker room.
- 2. All showers must be turned off. The last person to leave the shower room is expected to check all showers.
- 3. No one except coaches and assigned players are allowed in the locker room.
- 4. No glass containers are permitted in the locker room.
- 5. All spikes and cleats must be put on and taken off outside of the locker room. No metal or hard plastic cleats are ever allowed in any part of the school building.
- 6. Roseville Community Schools does not accept responsibility for lost or stolen items.

L. Weight Room Regulations

- 1. Shirts and shoes are always required.
- 2. All students must be under the supervision of the coach, sponsor or faculty member.
- 3. Lifters must work with a partner.
- 4. Replace all weight on racks immediately following use.
- 5. Know your limits. Work with the instructor in determining your limits.
- 6. Use proper form and technique.
- 7. Warm up with proper stretching exercises.
- 8. No chewing gum or eating candy in the weight room.
- 9. No food or drinks in the weight room.
- 10. No profanity.
- 11. Do not abuse the equipment; any equipment that is broken must be reported immediately to the instructor or Athletic Director.

VII. Athletic Chain of Command

- 1. Head Coach
- 2. Athletic Director Keith Marzec
- 3. Principal-Pat Adams

If there are any questions or concerns regarding any aspect of the player—coach relationship, the athlete should first contact the appropriate coach. If there is no resolution at this level, he/she should then move onward to the next level in the "Chain of Command" hierarchy, until resolution is achieved. (The "Chain of Command" is a step-by-step process bringing together the primary individuals for discussion purposes. Each level is in place in order to assist in the process of conflict resolution). Parents are also asked to respect this "Chain of Command" model regarding problem resolution.

VIII. NCAA Clearinghouse

The NCAA Clearinghouse is an agency established in 1993 to certify a student athlete's eligibility for college athletic participation. The Clearinghouse must certify a student athlete planning to participate in a Division I or Division II college athletic program. All students, both general education and special education, must meet the NCAA Clearinghouse requirements. Student athletes may access the NCAA website www.ncaaclearinghouse.net to get further information. Student athletes and their parents are encouraged to notify their coach and their counselor of their post-graduation plans.

IX. Varsity Letters and Athletic Awards

Freshman and junior varsity athletes will receive certificates after completing the season and returning all equipment and uniforms. Varsity athletes that complete the individual sport criteria set by the coach for a varsity sport will receive a varsity letter and certificate. The coach has the right to deny a letter based upon behavior.

X. Supplemental Rules and Regulations

Coaches may establish additional rules and regulations with the approval of the Athletic Director. These rules as pertaining to a particular sport must be given by the coach in writing to all team members and explained fully at the start of the season. Penalties for violation of team rules will also be in writing.

XI. Summer and Off-Season Programs

A variety of sports camps, clinics, weight programs and practice sessions are offered to the athlete during the off season and during the summer months by individual coaches, community education programs, and private groups and organizations. These programs provide opportunities for athletes to improve their skills in their chosen sport. The summer and off-season programs operate on a volunteer basis.

XII. Inclement Weather

Games and practices that are scheduled on a day that is cancelled because of inclement weather, will be cancelled. The games/practices will be rescheduled if possible

XIII. Fan Code of Conduct: The Expectations of Good Sports

- A. Parents/Guardians play a vital role in the development of student athletes and the success of Roseville High School's program.
 - Understand the purpose of educational athletics; school sports are about kids learning and having fun.
 - O Understand that parents/guardians are the biggest role model in a child's life. Carrying on wildly in the stands and challenging the authority of coaches and officials does little to model positive behavior.

- o Make your cheers during the games those of support of your child, not instructions as to how to play. Respect the coaches' game plan and ability to implement it.
- O Don't live life through your child's athletic activities. This is their time. This is their place. Let them play and enjoy their athletic participation.
- o Gain an understanding and appreciation for the rules of the contest and be respectful of all officials' decisions.
- Take time to talk with coaches in an appropriate manner, including proper time and place, if there is a concern, be sure to follow the designated chain of command. (Coach, Athletic Director, Principal).
- Remember that a ticket to a school athletic event is a privilege to observe the contest.

B. The Roseville High School spectator guidelines are published in the hope that high school athletics will be kept in the proper spirit of competition. Your cooperation is appreciated.

- Spectators should encourage each other to observe courteous behavior. Improper behavior should be reported to the school authorities.
- O Spectators should always respect officials, visiting coaches, players, and cheerleaders as guests in the community and extend all courtesies to them.
- o Recognize the fact that, as a spectator, you represent the school, as do the athletes
- o Avoid antics designed to draw attention to one's self instead of the game.
- o Spectators are always to remain off the playing surface.
- Always display good conduct. Even though you paid for your admittance, the management has the authority to remove any spectator who does not conduct himself/herself respectfully.