



ROSEVILLE HIGH SCHOOL



April 2024



Roseville High School would like to congratulate our Top Ten for the Class of 2024, including our Valedictorian and Salutatorian.

Jade Sanders – Valedictorian
Kacee Bersche
Trenton Buckbee
Alecia Dy
Matthew Foster

Nino Pepito – Salutatorian
Archie Mathews, III
Jordan Radcliff
Abby White
Faith White

We look forward to honoring these students, and all graduates in the Class of 2024, at our Commencement Ceremony on June 6.

IMPORTANT INFO FOR ALL PARENTS TO KNOW: State Testing and School Calendar Changes in April

This information was also shared with you in our March newsletter.

As we do every April, RHS will have students participate in the required State of Michigan Assessments.

We will have a “Change of Building Schedule” for April 10th and 11th to allow us to have students participate in testing in a small, focused environment to help ensure their success:

Wednesday, April 10

- 10th grade students report 7:40 – 10:30 to take the PSAT 10. Breakfast will be provided.
- 11th grade students report 10:30 – 2:45 to take the SAT. Early lunch will be provided to 11th grade only
- 9th and 12th grade students do not have school on this day.

Thursday, April 11

- 9th grade students report 7:40 – 10:15 to take the PSAT 8/9. Breakfast will be provided.
- 11th grade students report 10:15 – 2:45 to take the ACT WorkKeys. Early lunch will be provided to 11th grade only.
- 12th Grade reports 1:30 – 2:45 pm for their Spring Senior Class Meeting to go over the end of the year and Prom, Senior Checkout requirements, Cap and Gown pick-up and Graduation prep info.
- 10th grade students do not have school on this day.

Students in our Cognitively Impaired Special Education Program who take the Mi-Access as their required state assessment will not report either day.

More information about specific schedules, and school expectations for students on their specific testing days specific days will be shared as we get closer to April 10th and 11th. Bus schedules are included on pages 4 and 5 of this publication.

Senior Info

Laptops, chargers, and bags must be returned, and all school fines must be paid in full at Senior Checkout on May 22.

Any seniors that have not returned their laptop and/or have outstanding fines will not receive their cap and gown until after our Graduation Ceremony and will be unable to participate in Graduation.

By this point, cap and gown orders need to have been placed. If you have not, you must visit www.migrads.com

If your senior is planning to wear a previous graduate's cap and gown, you must contact my office at (586) 445-5542 to let us know.

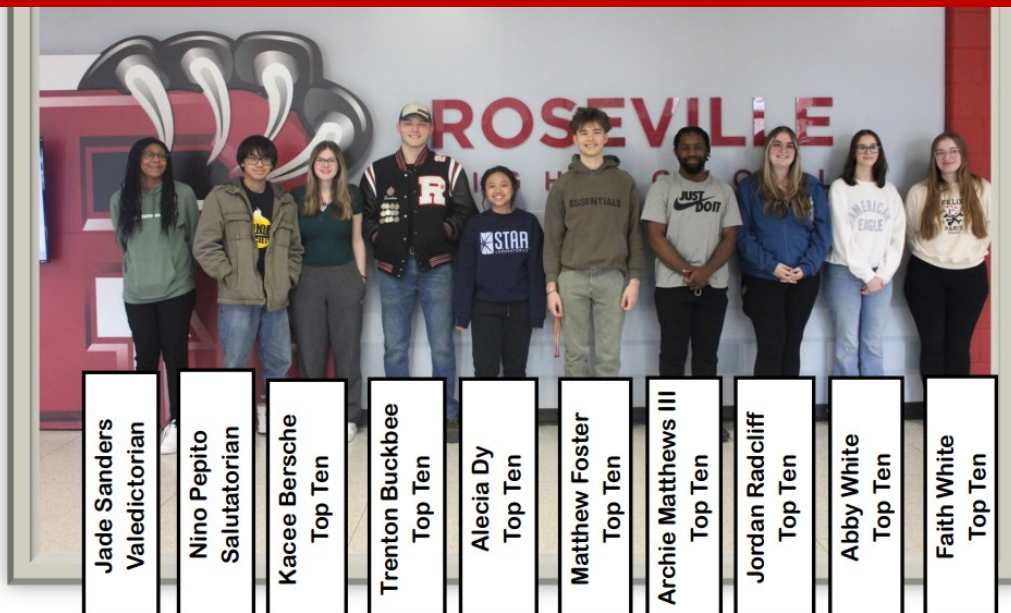
Seniors Green Sheets (Post High School Plans) were due March 22nd to Mr. Billhymer. If your senior didn't turn one in, contact him immediately.

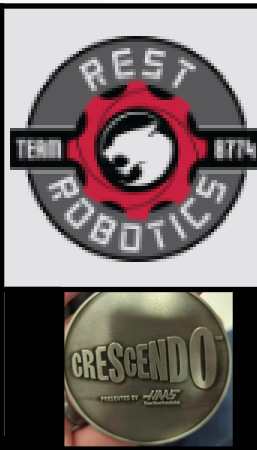
All seniors that have been accepted to a college, university, trade school, other post-high school educational institution, or the Armed Forces should bring their acceptance letter to the Counseling Department to receive the #Accepted t-shirt.

Important Senior Dates:

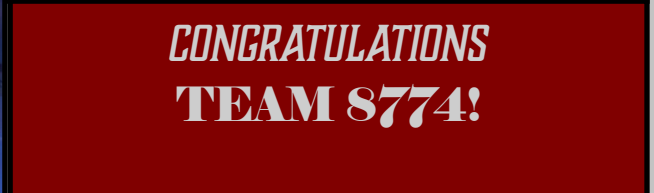
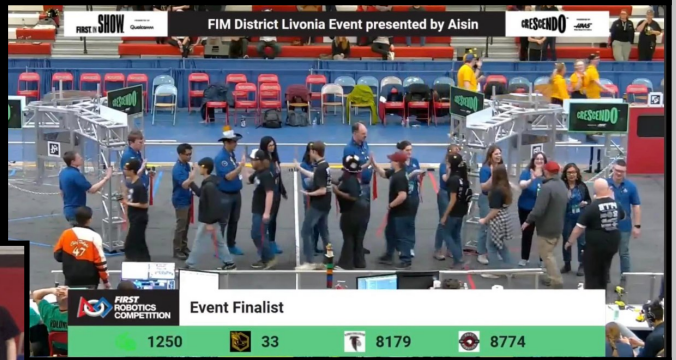
- ✓ April 11 – Spring Senior Meeting @ 1:30 pm (see building calendar change on previous page).
- ✓ April 25 - Senior Parent Meeting @ 6:00 pm to review Senior's final weeks of school, senior check out requirements, Prom, Cap and Gown pick-up, and Graduation Info.
- ✓ May 22nd – Senior's Last Day, Senior Check out (required to participate in Graduation)
- ✓ May 23rd – Prom at Vintage House @ 6:00 pm.
- ✓ June 1st – Senior Celebration at RHS. Time to be announced.
- ✓ June 3rd, 4:00 p.m. (tentative) – Cap and Gown pickup
- ✓ June 6 – Graduation at Macomb Community College – South Campus @ 7:00 pm

Top Ten of the Class of 2024 Congratulations!





Just before break, REST Robotics participated in the FIRST Robotics District Tournament in Livonia, MI. There, they ended up being placed in the alliance that ended up competing in the championship match, finishing as runners-up for the entire event! We're proud of all of our members!



Deaf and Hard of Hearing (DHH) Flex Session

10th grade students at Roseville High School have been studying the non-fiction text "Seeing at the Speed of Sound." This autobiographical text, written by Rachel Kolb, narrates the challenges and triumphs that she has encountered when lipreading. Due to profound bilateral hearing loss, the author depended regularly on lipreading to communicate throughout her life. As an extension to reading the text, to deepen understanding and background knowledge, a small group of students interacted via a Teams meeting with the DHH program at Roseville Middle School. The program at RMS is run by teacher Natalie Grupido, but student Naomi Perdue and interpreter Jenna Krekelberg were also present and participating. The session started with every participant standing and introducing themselves. This was key because lipreading was used and having participants' mouths in full view aided the DHH participants' comprehension.

Following that, we had a very open question-and-answer session that turned into a robust discussion *because* students allowed themselves to be open-minded and vulnerable. Some questions posed included, but were not limited to, reasons why people are or become deaf or hard of hearing, how the deaf and hard of hearing community engages in sports, and the idea that fear could be associated with someone who is deaf or hard of hearing. To open oneself and learn, the elements of open-mindedness and vulnerability are priceless. Instead of using electronics as a distraction or as an "out" to these elements, students admirably engaged. Several students spoke about their enjoyment of the session for multiple days, asking for more sessions like this. Of course, RHS will try to meet those requests.



Bus Schedule - Wednesday April 10

11th Grade

11th Graders should plan on arriving at RHS at 10:30 am on April 10.

Students who take the bus should follow this schedule below:

ROUTE A – [RHS]

Chestnut/Fountain	10:05
Academy/Kennedy	10:08
Fountain Elem.	10:10
Cedarwood/Sandalwood	10:15
Northview/Edward	10:19

ROUTE B – [RHS]

Kment Elem.	9:55
Yorkshire Apts.	9:57
Golf Manor Apts.	9:58
Erin/Ellis	10:02
Nardelli Lane South	10:05
Nardelli Lane North	10:07
Macomb Manor	10:10
Lakeworth/Barris	10:12
Voiland/Haggerty	10:15
McGill/Eastway	10:18
19365 McKinnon	10:21

ROUTE D – [RHS]

Academy/Wildwood (Academy & All streets East)	10:00
Kaiser Elementary	10:03
Lowell/Maple	10:07
Roseville Blvd/Maple	10:10

ROUTE E – [RHS]

Marquette at Green Elem. (Collingwood & All Streets West)	10:05
Marquette bet. Pattow/Normandy (Bellaire & All Streets East to I-94)	10:08

Route F – [RHS]

Church/Adm. Bldg.	10:10
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ROUTE H– [RHS]

Alsip/Belanger	10:03
Steenland Elem.	10:05
Petrie bet. Nagel/Kathy	10:08
15315 Petrie (Lehner & all streets West)	10:10

ROUTE M– [RHS]

Curtis/Wiseman (NW corner)	10:05
Curtis/Packard	10:09
Curtis/Groveland	10:11

Route N – [RHS]

Melvin/Schram	10:00
Rock/Asmus	10:02
Meier/Van Howe	10:05
Brinker/Hazelwood	10:08

Route Q – [RHS]

In & Out Auto	10:00
Church/Ronald	10:05
Lawn/Oakdale	10:08
Lawn St. (by Fire St.)	10:10

NOTE:

**On April 10th, all 10th Graders report for testing at 7:40am.
10th Graders who ride the bus should be at their bus stop for normal pick up time**

(reminder there is NO SCHOOL for 9th & 12 Graders on April 10th)

Bus Schedule Thursday, April 11

11th Grade Testing

Senior Class Meeting

11th Graders should plan on arriving at RHS at 10:15 am

Seniors should plan to arrive at 1:30 for their Mandatory Class Meeting

Students who take the bus should follow this schedule below:

ROUTE A – [RHS]

Chestnut/Fountain
Academy/Kennedy
Fountain Elem.
Cedarwood/Sandalwood

11th Grade Seniors

9:50 1:05
9:53 1:08
9:55 1:10
10:00 1:15

ROUTE H– [RHS]

Alsip/Belanger
Steenland Elem.
Petrie bet. Nagel/Kathy
15315 Petrie
(Lehner & all streets West)

11th Grade Seniors

9:48 1:03
9:50 1:05
9:53 1:08
9:55 1:10

ROUTE B – [RHS]

Kment Elem.
Yorkshire Apts.
Golf Manor Apts.
Erin/Ellis
Nardelli Lane South
Nardelli Lane North
Macomb Manor

11th Grade Seniors

9:40 12:55
9:42 12:57
9:43 12:58
9:47 1:02
9:50 1:05
9:52 1:07
9:55 1:10

ROUTE M– [RHS]

Curtis/Wiseman (NW corner)
Curtis/Packard
Curtis/Groveland

11th Grade Seniors

9:50 1:05
9:54 1:09
9:56 1:11

ROUTE D – [RHS]

Academy/Wildwood
(Academy & All streets East)
Kaiser Elementary
Lowell/Maple
Roseville Blvd/Maple

11th Grade Seniors

9:45 1:00
9:48 1:03
9:52 1:07
9:55 1:10

Route N – [RHS]

Melvin/Schram
Rock/Asmus
Meier/Van Howe
Brinker/Hazelwood

11th Grade Seniors

9:45 1:00
9:50 1:02
9:53 1:05
9:55 1:08

ROUTE E – [RHS]

Marquette at Green Elem.
Collingwood & All Streets West
Marquette bet. Pattow/Normandy

11th Grade Seniors

9:55 1:05

Route Q – [RHS]

In & Out Auto
Church/Ronald
Lawn/Oakdale
Lawn St. (by Fire St.)

11th Grade Seniors

10:00 1:00
10:05 1:05
10:08 1:08
10:10 1:10

Route F – [RHS]

Church/Adm. Bldg.

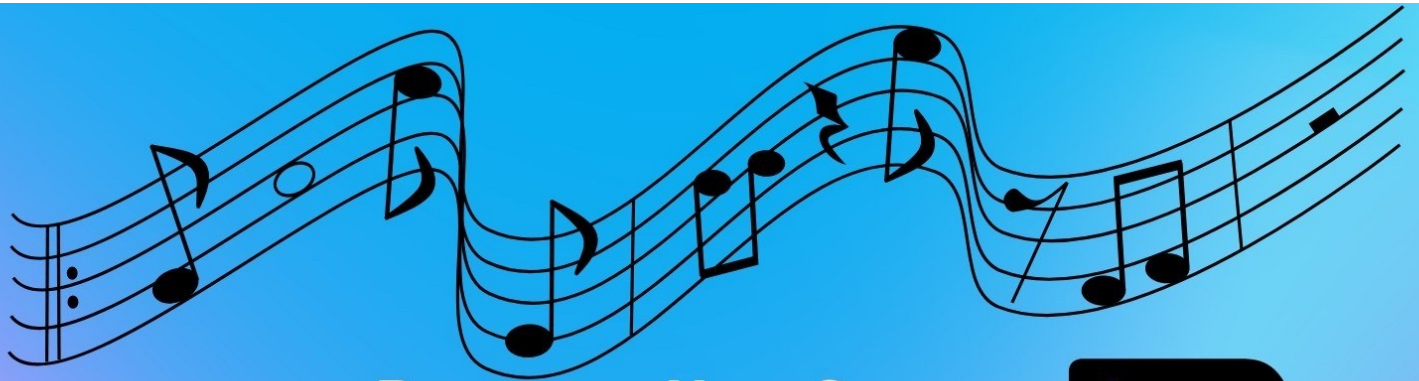
11th Grade Seniors

9:55 1:10

NOTE:

On April 11th, 9th Graders report for testing at 7:40am.
9th Graders who ride the bus should be at their bus stop for normal pick up time

(reminder there is NO SCHOOL for 10th Graders on April 11th)



ROSEVILLE HIGH SCHOOL
BAND



PRESENTS:

Food Truck Rally

&

Craft and Vendor Show

Raffle baskets - 50/50 - Food - Shopping

COME OUT AND SHOW YOUR SUPPORT TO THE BAND



April 6, 2024

10am-4pm

Location :

Roseville High School
17855 Common Road
Roseville, Mi 48066

Admission: \$2 per person

Ages 10 and under free

No strollers

More Information :

For more information on becoming a vendor
please email:

rhsbandcraftandvendorshow@outlook.com



Important Dates:

April 1	Return to School, Classes Resume at 7:40am
April 3	Early Release, Dismissal at 1:15pm
April 5	Half Day, Dismissal at 10:55am, End of Third Quarter
April 6	Food Truck Rally, Vendor & Craft Show, 10am-4pm
April 10	PSAT10/SAT testing (see below for schedule)
April 11	PSAT 8,9/ACT Work Keys Testing (see below)
April 11	Senior Class Meeting, 1:30pm
April 19-20	RHS Drama Society Presents Willy Wonka, 7pm at RMS
May 7	No School - Professional Development
May 8	Early Release, Dismissal at 1:15pm
May 22	Half Day RHS, Seniors' Last Day of School, Dismissal at 10:55am
May 23	Senior Prom (watch for details in future newsletters and social media posts!)
May 27	No School – Memorial Day
June 1	Senior Celebration/Sunset (watch for details in the May newsletter!)
June 6	Senior Class Graduation, Macomb Community College, South Campus Sport & Expo Center
June 10	Half Day, Dismissal at 10:55am
June 11	Half Day Exams, Dismissal at 10:55am
June 12	Half Day Exams, Dismissal at 10:55am

Social Media:

Roseville High School



@RosevilleHighSchool



Inst@rosevillehighpanthers



@Roseville_High

Calendar dates subject to change with notice

Please watch future newsletters *and* social media posts for other events and details as they become available!

SUBJECT: CHANGE IN BUILDING SCHEDULE

This memo will serve as notice that **ROSEVILLE HIGH SCHOOL** will have a building schedule change for the purpose of spring state testing. The buildings will be open, and staff will remain for the full day.

<u>Wednesday, April 10, 2024**</u>	
10th Grade Students (PSAT 10)	Dismissal 10:30 a.m. (regular arrival)
11th Grade Students (SAT)	Arrival: 10:30 a.m. (regular dismissal)
9th and 12th Grade Students	Do Not Report to School
• Breakfast served for 10 th graders only. • Early lunch served at 10:30 a.m. for 11 th graders only.	
<u>Thursday, April 11, 2024**</u>	
9th Grade Students (PSAT 8/9)	Dismissal 10:15 a.m. (regular arrival)
11th Grade Students (ACT Work Keys)	Arrival: 10:15 a.m. (regular dismissal)
12th Grade Students (Senior Class Meeting)	Arrival: 1:30 p.m. (regular dismissal)
10th Grade Students	Do Not Report to School
• Breakfast served for 9 th graders only. • Early lunch served at 10:15 a.m. for 11 th graders only.	

**** Students taking MI-Access do not report on either testing day listed above. ****

Spring Sport Schedule

Varsity Baseball			
W 4/3	Eisenhower	A	4:30
F 4/5	New Haven	H	4:30
S 4/6	Grosse Pte S (DH)	A	11am
M 4/8	Clawson	A	4:30
T 4/9	Bishop Foley	H	4:30
Th 4/11	Algonac	A	4:30
S 4/13	Lakeview (DH)	H	11am
M 4/15	Warren Mott	A	4:00
W 4/17	Warren Mott	H	4:00
Th 4/18	Lamphere	H	4:30
M 4/22	Lamphere	A	4:30
W 4/24	Sterling Heights	A	4:00
Th 4/25	Sterling Heights	H	4:00
M 4/29	Cousino	A	4:00
W 5/1	Cousino	H	4:00
Th 5/2	Marine City	A	4:00
M 5/6	Marine City	H	4:00
W 5/8	Lake Shore	H	4:00
Th 5/9	Lake Shore	A	4:00
M 5/13	WW Tower	H	4:00
W 5/15	WW Tower	A	4:30
M 5/20	St. Clair	A	4:30
W 5/22	Anchor Bay	A	4:30
W 5/29	Fraser	A	4:00

DH = Double Header

Girls Varsity Soccer			
F 4/5	Marine City	H	4:30
W 4/10	Hazel Park	A	4:30
M 4/15	New Haven	A	4:30
W 4/17	Fitzgerald	A	6:00
M 4/22	South Lake	H	4:00
W 4/24	Center Line	H	4:30
F 5/3	Hazel Park	H	4:30
W 5/8	New Haven	H	4:30
M 5/13	Fitzgerald	H	4:30
W 5/15	South Lake	A	4:00
F 5/17	Marine City	A	4:30
S 5/18	Spartan Tourney	A	8am
M 5/20	Center Line	A	4:30

JV Baseball			
W 4/3	Eisenhower	H	4:30
S 4/6	Grosse Pte S (DH)	A	11am
M 4/8	Clawson	H	4:30
W 4/10	St. Clair	A	4:30
Th 4/11	Algonac	A	4:30
S 4/13	Lakeview (DH)	H	11am
M 4/15	Warren Mott	H	4:00
W 4/17	Warren Mott	A	4:00
Th 4/18	Lamphere	A	4:30
M 4/22	Lamphere	H	4:30
F 4/26	Hazel Park	H	4:00
M 4/29	Cousino	H	4:30
W 5/1	Cousino	A	4:00
Th 5/2	Marine City	A	4:00
M 5/6	Marine City	H	4:00
W 5/8	Lakeshore	A	4:00
Th 5/9	Lake Shore	H	4:00
M 5/13	WW Tower	A	4:30
W 5/15	WW Tower	H	4:30
Th 5/16	Center Line	A	4:30
F 5/17	Center Line	H	4:30
W 5/22	Anchor Bay	A	4:30

DH = Double Header

LET'S GO



PANTHERS!

Track			
Th 4/11	South Lake (dc)	H	4:00
W 4/17	Madison Heights (jb)	H	4:00
W 4/24	Lamphere (dc)	H	4:00
W 5/1	Clintondale (dc)	H	4:00
W 5/8	Lincoln	A	4:00
T 5/14	MAC Division @Lincoln	A	2:30

Spring Sport Schedule

Varsity Softball			
Th 4/11	Harper Wds (DH)	A	4:30
M 4/15	Cousino	A	4:30
W 4/17	Lamphere	H	4:30
M 4/22	Clawson	H	4:30
W 4/24	Warren Mott	A	4:30
F 4/26	WW Tower	H	4:00
M 4/29	Center Line	A	4:30
W 5/1	Cousino	H	4:30
F 5/3	Lamphere	A	4:30
S 5/4	1 st WWT Tourney	A	8am
W 5/8	Clawson	A	4:30
F 5/10	Warren Mott	H	4:30
M 5/13	WW Tower	A	4:00
W 5/15	Center Line	H	4:30
F 5/17	Armada DH	A	4:00
M 5/20	Port Huron	A	4:30
W 5/29	Port Huron DH	A	4:00

DH = Double Header

JV Softball			
M 4/15	Cousino	H	4:30
W 4/17	Lamphere	A	4:30
M 4/22	Clawson	A	4:30
W 4/24			
F 4/26	WW Tower	A	4:00
W 5/1	Cousino	A	4:30
F 5/3	Lamphere	A	4:30
W 5/8	Clawson	H	4:30
F 5/10	Warren Mott	A	4:30
M 5/13	WW Tower	H	4:30
M 5/20	Port Huron	H	4:30

LET'S GO



PANTHERS!

Tunes From the Music Department ...

Congratulations to the RHS Bands on their outstanding performances at District MSBOA Band and Orchestra Festival!



The **Concert Band** (combined Cadet and Varsity Bands) earned a score of **"EXCELLENT"** and straight "twos" from adjudicators in both Concert and Sight Reading Performances.

The **Symphonic Band** earned a score of **"SUPERIOR"** and straight "ones" from adjudicators in both Concert and Sight Reading Performances.

A special THANK YOU to all of the teachers that shared students with the bands during some of your classes so that we could get in some extra practice leading into festival!

Meanwhile...

Both Treble and Symphonic Choirs BOTH received a "1" division rating at district level festival and are heading to states later this month!!

Even better was that this is the first time Treble Choir went to festival in at least 20 years! This is a HUGE win for Roseville, but an **especially** BIG win for Treble Choir!

Congrats to you and your students, Mr. Chesher and Ms. Meade!

Senior Class Page

A REMINDER TO ALL SENIORS:

If you owe ANY classes on credit recovery—those MUST be completed by MAY 10th or you WILL NOT GRADUATE!

Credit Recovery is assigned when you have failed a class that is **REQUIRED** to earn your diploma.

You have required classes and you need to attain a minimum number of credits (that means passing 'elective' classes as well)

In addition, any senior who is not on track for graduation and/or still has not completed credit recovery will not be allowed to attend Prom.

2023-24 GRADUATION REQUIREMENTS.

Please see your counselor to make sure you are on track to graduate!

English 9	Biology
English 10	Physical/Chemical Science
English 11	1 year of additional science
English 12	U.S. History
Algebra 1	World History
Algebra 2	Economics
Geometry	Civics
0.5 to 1 credits of math senior year (depending on your individual requirements)	PE 1 - Health & Swim or Health & Wellness
Biology	PE 2 - intro to sports (gym)
Physical/Chemical Science	1 to 2 credits of foreign language
1 year of additional science	1 to 2 credits of art/tech related and ADDITIONAL credits of electives

Attention Seniors:

**Senior Class Meeting
Thursday, April 10
at 1:30pm at RHS.**

Important information regarding your last weeks of school & graduation will be discussed. Information will not be handed out in advance of the meeting.

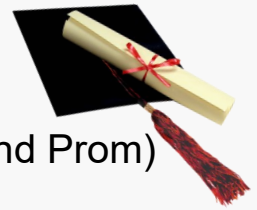
Counselor info

Students with Last Names A-G	Mrs. Kroll
Students with Last Names H-O	Ms. Roberts
Students with Last Names P-Z	Ms. Goetzinger

Senior Class Page

IMPORTANT SENIOR CLASS DATES!!

- ♦ May 20—22 - Senior Exams
- ♦ May 22 - Senior's Last Day
- ♦ May 23 - Senior Prom (must be eligible to graduate to attend Prom)
- ♦ June 1 - Senior Celebration/Sunset
- ♦ June 6 - Graduation at Macomb Community College - South Campus Sport & Expo Center



There is still time to order a yearbook and celebrate with this year's theme of "Pride On The Inside"

Go to the link today and order while online sales are still open!

<https://yearbookforever.com/>

Walsworth yearbooks

2023-2024 Roseville High School
2464400000

Resume order Help Saved Items 0

↑ Yearbook Snap - Submit photos for your school's yearbook!

Buy a Yearbook


Deluxe Package	\$199.00
One Yearbook, Namestamp with one line of text and three icons and one Clear Book Protector	
Basic Package	\$99.00
One Yearbook, Namestamp with one line of text and one icon, and one Clear Book Protector	
Yearbook	\$79.00
Yearbook Only	

Get your student's 2023-2024 yearbook today!

<https://yearbookforever.com/>

Roseville High School

CLASS OF 2024

Proud
OF OUR 
**ROSEVILLE HIGH
GRADUATE**
Go Panthers!

18" x 24" Yard Sign with Step Stake

Double Sided

Cost: **\$25.⁰⁰** ea.

We Accept Credit, Cash or Check

Checks Are Made Payable To:

Roseville High School

RETURN WITH PAYMENT TO
MRS. JENTZ IN THE MAIN OFFICE

THIS SIGN IS FOR

Sign
Graduation

Roald Dahl's

Willy Wonka

Presented by the Roseville High School Drama Society

Friday, April 19th

Saturday, April 20th

7pm @ Roseville Middle School

Buy now while tickets are only \$12!
SCAN THE QR CODE

**Grab your tickets for \$12
until April 14!**

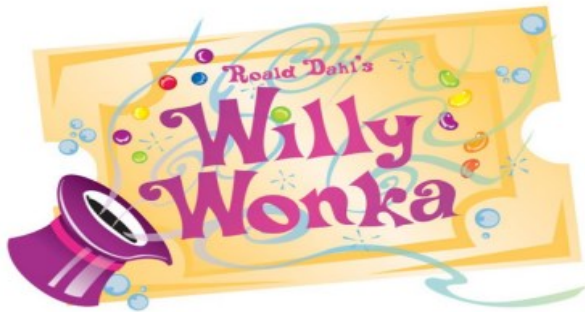
**After that date, the price
increases to \$15**

**Scan to purchase yours
TODAY!**



Roseville Middle School Seraphime Mike Auditorium
16250 Martin Rd, Roseville, MI 48066

Would you be interested in purchasing an **AD** or **SHOUT OUT** in our **PLAYBILL**?



FRIDAY, APRIL 19 & SATURDAY, APRIL 20 @ 7:00PM
ROSEVILLE MIDDLE SCHOOL SERAPHIME MIKE AUDITORIUM
16250 MARTIN ROAD, ROSEVILLE, MI 48066

1/4 PAGE: \$25 HALF PAGE: \$50 FULL PAGE: \$100

If so, please attach a business card, picture, company letterhead or ready-to-copy script **HERE**. For half and full page ads and photos, please email: Ameade@roseville.k12.mi.us



DEADLINE: APRIL 8TH, 2024

CHECKS PAYABLE TO: ROSEVILLE COMMUNITY SCHOOLS

Office Contact Information

Main Office 586-445-5540
Attendance Office 586-445-5550
Counseling Office 586-445-5533

Principal's Office
Jason Bettin: 586-445-5642

Assistant Principal Offices
Kirk Duncan (A-J) 586-445-5548
Kate Reith (K-Z) 586-445-5544

Athletic Director
Keith Marzec 586-445-5577

2023/24 Roseville Community Schools Board of Education

Theresa Genest, President
Kevin Switanowski, Vice President
Joseph DeFelice, Secretary
Matthew McCarthy, Treasurer
Gina Auto, Trustee
Denise Brun, Trustee
Michele Williams-Ward, Trustee



Central Administration

Mark Blaszkowski, Superintendent
Dave Rice, Assistant Superintendent of Curriculum and Instruction
Peter Hedemark, Assistant Superintendent Personnel
Rayetta Ashbaugh, Executive Director of Business and Finance



Our Values...



Responsibility: Purposely taking ownership in your school and your educational goals by doing what you are expected to do and being where you are expected to be.



Healthy Decisions: Purposely choosing positive behaviors that promote the physical and emotional well-being of yourself and others.



Safe: Purposely helping to create an environment that reflects responsible and healthy decisions.

Demonstrate them every day



During Flex in early March, we had a full session of students (and some present with their parent) who had signed up for Dual Enrollment with MCC.

This was the largest group we have had post-Covid.

Great to see the efforts in Counseling to grow our strategic plan area of post-high school readiness are paying off with our students and growing interest in Dual Enrollment.



2024 RHS Marching Panthers

Marching Band

Open Enrollment

**APR
24**

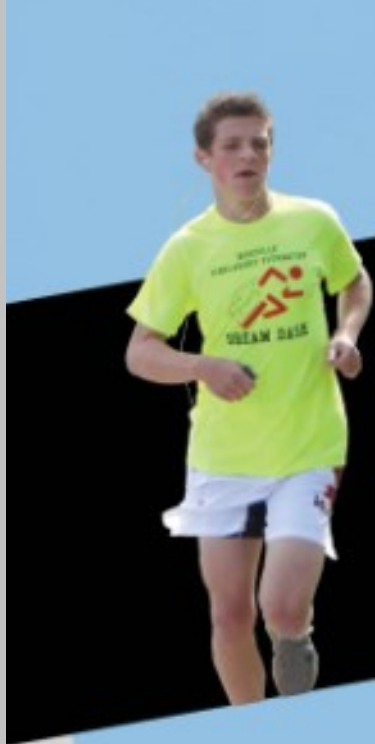
**REGISTRATION
MEETING**

**ROSEVILLE HIGH SCHOOL
AUDITORIUM, 6:30PM**

**ALL INTERESTED BAND STUDENTS
AND PARENTS SHOULD ATTEND!**

**GET IMPORTANT INFORMATION!
Join our Group on The Band App:**





Roseville Community Schools Scholarship Foundation

JOE MANFREDA DREAM DASH 5K/1 MILE FUN RUN

**SATURDAY
MAY 11, 2024**

**ROSEVILLE HIGH SCHOOL
17855 Common Road**

**OFFICIAL TIMING
EVENT T-SHIRT
PRIZE RAFFLE**

9:00am registration/10:00am race begins
\$30 in advance/\$35 race day
\$20 in advance/\$25 race day (18 and under)
Register by April 26 for a Dream Dash shirt
Event held rain or shine

Online registration:
eastsideracingcompany.com
Registration form and more info:
586.445.5505
ttomala@roseville.k12.mi.us
rosevillepride.org

Donations can be mailed to:
RCSSF-Dream Dash
18975 Church St
Roseville, MI 48066
Sponsorship opportunities available



DREAM DASH REGISTRATION



All proceeds from the Roseville Scholarship Foundation Dream Dash go to grant scholarships to graduating Roseville High School students.



WHAT TRUSTED ADULTS NEED TO KNOW ABOUT: SOCIAL MEDIA & MENTAL HEALTH

Social Media is often scrutinised as having a negative impact on children's mental health. Children and young people are now growing up in a technology dominated world, and social media plays a major role in their social lives. This balanced guide focuses on both the positive and negative impacts that social media can bring to young people and their mental health.

POSITIVE IMPACTS

EASY ACCESS TO SUPPORT AND HELP

Due to delays in young people getting help for their mental health, such as experiencing low mood, or suffering from anxiety, they may sometimes reach out to access support from others online. Sharing problems or issues with friends, peers and broader social networks can be met with positive reaction, with nearly 7 in 10 teens reporting to receive support on social media during tough or challenging times. Where there are moderated communities which offer support and guidance, children can be provided with a great source of support.

SUSTAINING FRIENDSHIPS AND MAKING CONNECTIONS

There is evidence to suggest that strong adolescent friendships can be enhanced by social media interaction, allowing children to create stronger bonds with people they already know. Online relationships can actually make children more relationship-oriented, thoughtful, and empathic. By sharing comments on pictures, videos and posts, it can create long-term friendships as they can continually keep in touch, even with a distance between them.

A SENSE OF BELONGING

Support can be found in various places online; sometimes this is known as "finding your tribe". Online platforms and groups can provide a wonderful sense of belonging for children. They can find peers with similar interests and circumstances which can sometimes be difficult to find in real-life. As a result, this can create stronger connections and help to build confidence.

NEGATIVE IMPACTS

SELF-ESTEEM & BODY IMAGE

There are 10 million new photographs uploaded to Facebook alone every hour, providing an almost endless potential for young people to be drawn into appearance-based comparisons whilst online. No one is the same as how they portray themselves online as we tend to only show the best part of ourselves. The pressure to fit-in and conform is huge, which can become a driving force for children to replicate what they see from friends, celebrities and sponsored adverts. This pressure may contribute to anxiety, low mood and a feeling of inadequacy. As a result, it can lead to a feeling of low satisfaction with their own lives.

HARMFUL ADVICE

The online world provides the opportunity for anybody to upload and share photoshopped pictures, edited videos, fake news and even unvetted advice. Children may stumble upon this, which could potentially encourage them make wrong decisions and not get the help that they need. It's important that you teach your child to differentiate between what is true and useful information and what is fake.

ADDICTION AND COMPULSIVE CHECKING

Social media addiction is thought to affect around 5% of teenagers. The Office for National Statistics found that children who spend more than 3 hours a day on social media are more than twice as likely to support poor mental health. Furthermore, compulsive checking due to 'Fear Of Missing Out' has been linked to poor and disturbed sleep, as well as difficulty to relax during evenings. One in five young people say they wake up during the night to check messages on social media, leading them to be three times as more likely to feel constantly tired at school than their classmates who don't use social media during the night.

CYBERBULLYING

One recent large-scale UK study showed that cyberbullying is one of the biggest challenges for young people. Other studies suggest that cyberbullying has a bigger effect on wellbeing and mental health than other types of bullying. 7 in 10 young people have experienced cyberbullying, with 37% of young people saying they experience cyberbullying on a high-frequency basis. Young people are twice as likely to be bullied on Facebook than on any other social network.



Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



HELPFUL APPS:

- Hub of Hope - <https://hubofhope.co.uk/>
- Mindshift
- Smiling Mind

SOURCES OF HELP:

- Childline, 0800 1111 or visit their website
- Bullying UK, 0808 8002222
- Young Minds Parents line, 0808 802 5544

SOURCES: <https://www.commissionerforchildren.gov.uk/publications/social-media-usage-impacts-mental-health/>, <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandlife/bulletins/2017/05/teens-mental-health>, https://www.gov.uk/government/uploads/attachment_data/file/611111/young-people-mental-health-green-paper.pdf, https://www.gov.uk/government/uploads/attachment_data/file/611111/young-people-mental-health-green-paper.pdf

Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, **67587**.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the Student Privacy Pledge™, so you can rest assured that your information is safe and will never be given or sold to anyone.



**Opt-In from
your mobile
phone now!**



**Just send
"Y" or "Yes"
to 67587**

i Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers. If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

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If you aren't receiving text messages, especially our Sunday 3pm text AND/OR accompanying email, our weekly feedback report shows it is because the receiving end has either blocked or unsubscribed from our text OR email service. PLEASE do not 'opt out' or 'unsubscribe' or 'block' the text messages and/or emails!

**This is the same communication system that we will use
in the event of an emergency to keep you informed.**



ROSEVILLE HIGH SCHOOL

Visitor Entrance, Drop off and Pickup Instructions

1. The RHS Visitor Entrance is Door #1. This door is accessed by parking in the Visitor Parking lot located in the North Lot.
2. Student pick up and drop off is in the NORTH LOT. Please pick up drop off at the Athletic Entrance following the traffic pattern on the map.
3. The South Lot is for staff parking and Bus Drop Off/Pick Up ONLY.
4. Student parking is in the North Lot. Students must purchase a parking pass from the Main Office for \$40 to park at school.
5. Normal St. Curbside drop off should only occur on the west (school) side of the street, not the east (private homes) side. This prevents students from having to cross the street at our busiest times of day, especially when it is dark.



Campus Policy

Roseville High School has a closed campus.

This means students cannot have lunch delivered to them.

All students get free lunch and breakfast every day.

Students may also bring a cold lunch from home if they so choose.

A closed campus also means students are not allowed to leave for lunch.

Students that do leave campus without permission will not be allowed back in the building; they will be sent home and suspended for the next day.

Class/Instructional time will not be interrupted for delivery of forgotten items.

Parking Passes

To obtain a parking pass you must have a valid driver's license, registration, and proof of insurance. Parking passes cost \$40 and can be purchased in the Main Office. Student Parking is allowed in the North Lot only with a parking pass.



Not Receiving Our Call Commands? Not Receiving Our Emails?

If you are not hearing from us, the school must not have your updated information. Please email, lbillymer@roseville.k12.mi.us with any changes in the primary phone number or email, and we will update our records for you.

Address changes require three proofs of residency brought to the Counseling Office.



GenCyber

Student Camp

JUNE 16-28, 2024
NORTHERN MICHIGAN UNIVERSITY
MARQUETTE, MICHIGAN

High school students in grades 8-12

Apply to this FREE 2-week residential camp, where you will learn valuable cybersecurity concepts, including ethical hacking, cryptography, car infotainment system security, and much more.

Earn direct admission to NMU

Offered at NO cost to students

Includes pre-camp and post-camp learning

Hosted by:



APPLY NOW
UNTIL FEB. 16 AT
[HTTPS://CVENT.ME/G8BA9G](https://cvent.me/g8ba9g)