

## **Resources: Families**

Call 911 if you or the person you are helping is in immediate danger and for emergencies

## ContentsAbuse/Family Violence2Mental Health2General Assistance5Healthcare7COVID Related Resources9Academic Problems14

Focus	Name of Resource	Description/Use	Website/App/Other
Emergency	Police		911
Emergency	Fire		911
Crisis	Macomb County Crisis Line	Call 24 hours/7days	586-307-9100
Domestic Violence	24-hour Domestic Violence Hotline	Call 24 hours/7days	1-800-799-7233 (SAFE)

Abuse/Family Violence	Children's Protective Services	Recording with directory for specific departments. 24-hour hotline.	(855) 444-3911
Suicide	24-hour Suicide Prevention Lifeline	Call 24 hours/7days	800-273-8255 (TALK) or Text "Hello" to 741741

Abuse/Family Violence			
Focus	Name of Resource	Description/Use	Website/App/Other
Abuse/Family Violence	Children's Protective Services	Recording with directory for specific departments. 24-hour hotline.	(855) 444-3911
Abuse/Family Violence	National Child Abuse Hotline	Recording with directory for specific departments	(800) 422-4453
Abuse/Family Violence	Turning Point-Domestic Violence	Recording with directory for specific departments.	(586) 463-6990

Mental Health			
Focus	Name of Resource	Description/Use	Website/App/Other
Suicide	24-hour Suicide Prevention Lifeline	Call 24 hours/7days	800-273-8255 (TALK) or Text "Hello" to 741741
Suicide	Comprehensive School Suicide Prevention in a Time of Distance Learning	Resources to assist	https://rosevillepride.org/dow nloads/district_files/comprehe nsive_school_suicide_preventi on_covid-19_final_1.pdf

Mental Health	Havenwyck Hospital	Phones answered by live person 24/7.	(248) 373-9200
Mental Health	Harbor Oaks Hospital		
Mental Health	Macomb Intermediate School District	During these difficult times the Macomb Intermediate School District is dedicated to supporting our community. This page is provided to offer support resources for mental health. Please click on the corresponding link next to the pyramid for the information you need. Click the link in the red box to fill out a form to speak to a member of the MISD Mental Health Team.	https://www.misd.net/Mental -Health-Resources/
Mental Health	Macomb County Mental Health	They provide phone counseling, resources including community resources.	<u>www.mccmh.net</u> 1-855-927-4747
Mental Health	Macomb Intermediate School District list of resources		https://www.misd.net/Mental -Health-Resources/
Mental Health	MFS Adolescent Outreach Services	Macomb Family Services is offering no-cost teletherapy sessions during this time.	https://rosevillepride.org/dow nloads/district_files/aop_flyer _2020.pdf
Social Emotional Learning	Michigan Department of Education		https://www.michigan.gov/m de/0,4615,7-140523548 ,00.html

Depression	BASC – Behavior Assessment	Intervention Guide Parent Tip	https://rosevillepride.org/dow
	System for Children	Sheet – Dealing with	nloads/district_files/dealing-
		Depression	with-depression-2.pdf
Anxiety	BASC - Behavior Assessment	Intervention Guide Parent Tip	https://rosevillepride.org/dow
	System for Children	Sheet- Dealing with Anxiety	nloads/district files/dealing-
			with-anxiety-2.pdf
Counseling	Community Mental		(586) 948-0222 Call Center –
	HealthAccess Center		M-F, 8am-4:30pm
Counseling	Macomb Family Services	Recording with directory for	(586) 226-3440
		specific departments.	
Counseling	Catholic Social Services of	Recording with directory for	(586) 416-2300
	Macomb	specific departments.	
		Teletherapy available.	
Counseling	Clinton Counseling Center	Appointments by phone.	(586) 468-2266
		Teletherapy available.	
Counseling	Dr. Lisa Irwin Psy.D.	Teletherapy available.	(586) 323-0176
Counseling	Eastwood Clinic	Teletherapy available. Office	(586) 792-5335
		staff 9am-5pm.	
Counseling	Family Youth Interventions	Phones answered by live	(586) 465-1212
		person 24/7. They will begin	
		accepting clients again on May	
		15,2020. Extreme cases will be	
		considered earlier.	
Counseling	New Oakland Family Centers	Recording with directory for	(586) 412-5321
		specific departments.	
Counseling	Nicole Dominick, MA, LLP		(586) 777-8929
Counseling	The Norserv Group	Recording with directory for	(810) 329-4798
		specific departments.	

Counseling	Perspectives Counseling	Recording with directory for	(586) 268-6712
	Center	specific departments	

General Assistance	Name of December	Description /Hss	Moheite (App (Other)
Focus	Name of Resource	Description/Use	Website/App/Other
Various Topics	The Right Connection in	Extensive list of resources	http://connection.misd.net/
	Macomb County		
Runaway		Recording with directory.	(800) RUNAWAY
Homeless	Roseville Community Schools	In the office Monday and	586-445-5689
	Homeless Liaison	Thursday all day but you can	
		leave a message and she will	
		return your call.	
Homeless	MISD Homeless Liaison	At the MISD the homeless	https://www.misd.net/Homel
		education project liaison	ess/
		works with both Macomb	
		County schools and the	
		community to assist homeless	
		students and their families.	
		One of the roles as liaison is to	
		make districts aware of the	
		McKinney-Vento Homeless	
		Students Assistance Act and to	
		help schools comply with No	
		Child Left Behind Law.	
Homeless	Macomb Homeless Coalition		https://www.macombhomele
			scoalition.com/

Eviction	Macomb County Diversion	Information about the	https://68846434-baa3-4eeb-
	Program	Macomb County Eviction	<u>a0f7-</u>
		Diversion Program	f22f08e39e5a.filesusr.com/ug
			d/a4714b 907838bda9224683
			b0e81ca833461ef9.pdf
Food	United Way	Emergency food assistance	Dial 2-1-1 or 800-552-1183
Food		Food resources during the	http://gis.macombgov.org/por
		COVID Outbreak	tal1/apps/webappviewer/inde
			x.html?id=7918e716395a42d1
			8221ca0f61d256b3
Food	Southeast Macomb County	List of food assistance	https://rosevillepride.org/dow
	Food Resources		nloads/district_files/southeast
			<u>macomb_county_food_resou</u>
			rcespdf
Food	Macomb Food Program	List of emergency food	(586)469-6004
		assistance	https://rosevillepride.org/dow
			nloads/district_files/macombf
			oodprogram.jpg
Bill assistance	Michigan Bill Pay Assistance	Need help with bills? Michigan	https://www.mi211.org/get-
		2-1-1 can connect you with	help/bill-pay-assistance
		programs that can help you	Call 2-1-1
		pay your mortgage, rent,	
		utilities, tax bills, medical bills,	
		and more.	
Internet	Everyone On	Enter your Zip Code to find	https://www.everyoneon.org/
		offers in your area.	<u>find-offers</u>
Internet	Comcast	Contact for assistance	For more information, call
		programs	(855) 846-8376

			https://www.internetessential
			s.com/
Internet	AT&T	Contact for assistance	For more information, call
		programs	(855) 220-5211.
Technology	Roseville Community Schools	Contact for problems with	(586) 445-5518
	Technology Department	your iPad or laptop	Email:
			1to1@roseville.k12.mi.us
			https://rosevillepride.org/pare
			nts/technology/

Healthcare			
Focus	Name of Resource	Description/Use	Website/App/Other
Healthcare	Macomb County Health	Currently, no testing for STD's,	(586) 465-9217
	Department-Sexually	but providing treatment based	
	Transmitted Diseases Clinic	on symptoms.	
Healthcare	National STD and AIDS Hotline	Recording with directory for	(800) 232-4636
		specific departments.	
Healthcare	Poison Control Center	Recording with directory for	(800) 222-1222
		specific departments.	
		Additional information on the	
		coronavirus provided.	
Substance Abuse	Alateen/Alanon Family Groups	Alateen, part of the Al-Anon	(313) 242-0300
		Family Groups, is a fellowship	
		of young people whose lives	
		have been affected by	
		alcoholism in a family member	
		or close friend. We help each	

		other by sharing our	
		experience, strength, and	
		hope	
Substance Abuse	Alcoholics Anonymous	9am-9pm hotline. Office	(877) 337-0611
		currently closed.	
Substance Abuse	Narcotics Anonymous	Recording with directory for	(877) 338-1188
		specific departments.	
Substance Abuse	CARE	Building is currently closed.	(586) 541-2273
		Phones answered by live	www.careofSEM.com
		person Wed. 8:30am-5pm; M-	
		T-Th 8:30am-8:30pm.	

L.G.B.T.Q.A.			
Focus	Name of Resource	Description/Use	Website/App/Other
L.G.B.T.Q.A.	Trevor Project	Counselors available	(866) 488-7386
L.G.B.T.Q.A.	Ruth Ellis Center	Provides trauma-informed services for lesbian, gay, biattractional, transgender and questioning (LGBTQ+) youth, and young adults, with an emphasis on young people of color, experiencing homelessness, involved in the child welfare system, and/or experiencing barriers to health and wellbeing.	(313) 252-1950

Focus	Name of Resource	Description/Use	Website/App/Other
Coronavirus	CDC	Talking to your children about	https://www.cdc.gov/coronavi
		Coronavirus	rus/2019-ncov/daily-life-
			coping/talking-with-
			<u>children.html</u>
Coronavirus	The National Association of	Helping Children Cope with	https://www.nasponline.org/r
	School Psychologists	Changes Resulting From	esources-and-
		COVID-19	publications/resources-and-
			podcasts/school-climate-
			safety-and-crisis/health-crisis-
			resources/helping-children-
			cope-with-changes-resulting-
			from-covid-19
Coronavirus	Child Mind Institute	Talking to Kids About the	https://childmind.org/article/t
		Coronavirus Crisis	alking-to-kids-about-the-
			coronavirus/
Coronavirus	MISD	Includes a variety of links for	https://www.misd.net/covid1
		families relating to activities to	<u>9/</u>
		promote well-being in the	
		home setting, crisis contacts,	
		emotional supports for	
		children	
Coronavirus	Behavior Flip	Healthy Tips During Uncertain	https://blog.behaviorflip.com/
		Times	tips-for-families-during-
			uncertain-times/

Coronavirus	World Health Organization	Staying Healthy at Home and During COVID	https://www.who.int/campaig ns/connecting-the-world-to- combat- coronavirus/healthyathome/h ealthyathomemental- health?gclid=CjOKCQjwhtT1BR CiARIsAGIY51JKlgkuzVBDzQ_ax 0i4U1RAFXzjrDa12WZRxglE8V 4eHH7gOZXwoigaAhQVEALw
Coronavirus	Coalition to Support Grieving Students	Supporting Your Children After the Death of a Family Member	<pre>wcB https://rosevillepride.org/dow nloads/district files/supportin</pre>
		or Friend	g-your-child_final-for- distribution1.pdf
Coronavirus	Hamilton's Academy	Explaining Cremation to Children	https://rosevillepride.org/dow nloads/district_files/explaining cremation_to_children.pdf
Coronavirus	Health Management Systems of America	Coping with COVID	https://rosevillecommunitysc5 81- my.sharepoint.com/personal/t tomala roseville k12 mi us/ layouts/15/undefined
Coronavirus	The National Child Traumatic Stress Network	Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 (COVID-19)	https://rosevillepride.org/dow nloads/district files/nctsn for parents-caregivers - outbreak factsheet.pdf
Coronavirus	Switchboard	This blog post contains fact sheets, posters, multimedia resources, and links to live	https://switchboardta.org/blo g/a-round-up-of-multilingual- resources-on-covid-

		updates in multiple languages	19/?fbclid=IwAR1x5fbKjk8tR6
		about COVID-19, its	BHUEhUelfNx3J5ItulGxA4Joahl
		symptoms, and how to	HJ3xG38KQDiA94Wlxg
		prevent it.	TIJSKOSORQDIAS+WIXE
Cananavinus	Restorative Justice	'	https://www.wostowativeivetic
Coronavirus	Restorative Justice	Using Restorative Justice	https://www.restorativejustic
		During COVID-19	epartners.org/covid-19-rj-
			resources.html
Coronavirus	IIRP – International Institute	Responsive Circles for COVI-19	https://www.iirp.edu/news/re
	for Restorative Practices		sponsive-circles-for-covid-19
Coronavirus	Michigan Department of	Navigating Extended Time	https://rosevillepride.org/dow
	Education Office of Special	Away from School:	nloads/district files/extendedt
	Education	Information for Families with	imeaway factsheet 686645 7
		Children Receiving Special	.pdf
		Education Services	
Coronavirus	WDIV	Explaining Coronavirus to Kids	https://www.facebook.com/w
			atch/?t=1&v=2048829605791
			47
Coronavirus	PBS	How to Talk to Your Kids	https://www.pbs.org/parents/
		About Coronavirus	thrive/how-to-talk-to-your-
			kids-about-coronavirus
Coronavirus	National Association of School	Countering COVID-19	https://www.nasponline.org/r
	Psychologists	(Coronavirus) Stigma and	esources-and-
	, -	Racism: Tips for Parents and	publications/resources-and-
		Caregivers	podcasts/school-climate-
			safety-and-crisis/health-crisis-
			resources/countering-covid-
			19-(coronavirus)-stigma-and-
			racism-tips-for-parents-and-
			caregivers
			Carcgivers

Coronavirus	Detroit Public TV	Educational Resources for Parents During Coronavirus Outbreak	https://www.dptv.org/educati on/education-resources- parents-during-coronavirus- outbreak/
Coronavirus – wearing a mask	Various sources	Resources to help explain to younger students and/or students with disability about social distancing and personal space	https://theautismeducator.ie/wp- content/uploads/2020/03/The -Corona-Virus-Free-Printable- Updated-2-The-Autism- Educatorpdf  Additional stories and videos:  Autism.org Mask Social Story  Wearing a mask & hand- washing social story  Autism Resource Central - Various Social Stories and Resources for Different Age Groups  Video - We Wear Masks  https://www.autismresourcec entral.org/social-stories-for-

hom socia (mid	/default-source/default-ment-library/learn-at-e-2020/coronavirus-l-story-elementary.pdf dle and high school)
(mid	

	https://www.youtube.com/wa
	tch?v=jUmSiLXesKI (Wiggles
	video)

Academic Problems			
Focus	Name of Resource	Description/Use	Website/App/Other
Academic	BASC - Intervention Guide	Dealing with Academic	https://www.cdc.gov/coronavi
	Parent Tip Sheet	Problems	rus/2019-ncov/daily-life-
			coping/talking-with-
			<u>children.html</u>
Academic	BASC - Intervention Guide	Dealing with Attention	https://rosevillepride.org/dow
	Parent Tip Sheet	Problems	nloads/district_files/dealing-
			with-attention-problems-2.pdf